

# Hartford Manor Community Primary School

"Learning Together for Life"

## PE Curriculum Plan



TERM	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
<b>Autumn 1</b> Indoor	<b>Gymnastics</b> Landscapes and Cityscapes (lesson4) Twinkl Bridges -Word Doc	<b>Gymnastics</b> Balance and Rolling	<b>Gymnastics</b> Movement Twinkl	<b>Gymnastics</b> Movement Twinkl	<b>Gymnastics</b> Movement (Year 5) Twinkl	<b>Gymnastics</b> Synchronisation & Canon Wirral Scheme
Outdoor	<b>NZ Scheme</b> Master basic movements <b>LOCOMOTION</b> <b>Units C-I</b> Walking Running Dodging	<b>NZ Scheme</b> Master basic movements <b>LOCOMOTION</b> <b>Units C-I</b> Jumping Hopping Skipping	<b>Swimming</b> <b>Games</b> Striking and Fielding	<b>Games</b> Invasion Game Skills	<b>Games</b> Tag Rugby	<b>Games</b> Netball / High 5
<b>Autumn 2</b> Indoor	<b>Dance</b> London Bridge music	<b>Dance</b> Toys Dance Notes / Twinkl	<b>Dance</b> Natural Disasters	<b>Dance</b> Romans Dance Notes / Twinkl	<b>Indoor Athletics</b> Chest Push Soft Javelin Speed Bounce Standing Long Jump Standing Triple Jump Vertical Jump	<b>Indoor Athletics</b> Chest Push Soft Javelin Speed Bounce Standing Long Jump Standing Triple Jump Vertical Jump
Outdoor	<b>NZ Scheme</b> Develop balance, agility, coordination <b>STABILITY</b> <b>Units J-M</b> Landing / Balance	<b>Hoop Games and Activities</b> Twinkl	<b>Swimming</b> <b>Games</b> Invasion Games	<b>Games</b> Hockey	<b>Games</b> Basketball	<b>Games</b> Netball / High 5

